

Documentation of Medical History and Physical

The patient you saw today is a young adult taking part in a campaign to raise awareness of the reality that cancer is the leading cause of disease-related death under age 40. The young adult has just taken a big step in addressing this risk by getting a routine history and physical, and you have **BEEN ROCKED!**

Please document that you have discussed the following common signs and symptoms of cancer in young adults:

- | | |
|--|-----------------------------------|
| C hange in mole or new skin lesions | <input type="checkbox"/> CHECKED! |
| A bnormal discharge (oropharynx, cervical, rectal, breast) | <input type="checkbox"/> CHECKED! |
| U nilateral lump, pain or swelling (limb, breast or testicle) | <input type="checkbox"/> CHECKED! |
| T h thyroid swelling or asymmetry | <input type="checkbox"/> CHECKED! |
| I ncreasing lymph node | <input type="checkbox"/> CHECKED! |
| O bstinate fatigue or lethargy | <input type="checkbox"/> CHECKED! |
| N eurologic deficit | <input type="checkbox"/> CHECKED! |

Lastly, it is important that the young adult and physician are aware of their family history of cancer.

Family history of cancer CHECKED!

PHYSICIAN NAME (printed): _____

PHYSICIAN SIGNATURE: _____

DATE: _____

Thanks for your help!

For more information or questions, contact the 15-40 Connection at 508.713.0654 or info@15-40.org.

Awareness. Advocacy. Action.

Did you know?

- Cancer is diagnosed in nearly 70,000 Americans between the ages of 15-40 each year, 7x the number of children diagnosed.
- There has been no improvement in the survival for young adults with cancer in the last 35 years, compared to marked improvements for children and older adults.
- The most common cancers in 15-40-year-olds are: breast cancer, melanoma, thyroid cancer, testicular cancer, lymphoma, cervical cancer, colorectal cancer, brain cancer and sarcoma.

CAUTION is attributed to Archie Bleyer, MD